India's National Gay and Lesbian Magazine



## WHAT GAY MEN WANT

The Indian Gay Men's Love & Sex Survey

## TAKING INDIA TO THE WORLD

Nolan Lewis on being Mr. Gay India

GOAN SANDS, GLOBAL GAYS, PINK INDIA

http://www.mingle.org.in/

# One day, every day will be a Pride Day.





Mission for Indian Gay & Lesbian Empowerment भारतीय समलैंगिक सशक्तिकरण मिशन





05 Cover Model
Nolan Lewis

**108** The Gay Men's love & sex survey - 2013 Udayan

18 Global sand, global gays and pink India

R Benedito Ferrao





#### **POETRY**

21 Adam's Kiss Puneet Agarwal

22 My Kind Mayank Bisht

#### **REGULARS**

23 The Buzz

25 LGBT Resources

### FROM THE EDITOR

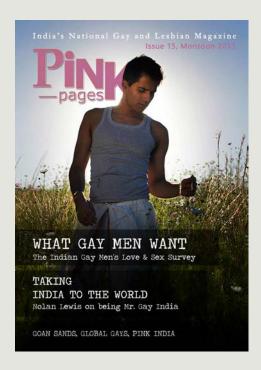
he world believes we gay and bisexual men have the most hedonistic and sex-crazed lifestyles. How much of that is actually true? When we decided to launch India's first Love & Sex survey exclusively for gay and bisexual men, this was exactly the question on our minds. And what were the results? Well, you can have a look at the report yourself, but certainly, we do seem to have an adventurous and racy experience when to sex. Another aspect of this survey was about relationships. As our survey indicates, many gay men in our cities are increasingly getting into relationships with another person of the same sex, and the problems and issues faced are often the same as those faced by heterosexual couples. But we do have our unique set of challenges, and we need to find our own ways of dealing with them.

The issue also focuses on another important event- the Mr. Gay Contest of 2013. This is the second time (since 2008) that a gay person from India will be taking part in the event. We caught up with Nolan Lewis-India's representative at the contest- and he tells us more. Even as the community in India opens up, and our visibility increases in the media, examples of such role models will be increasingly sought after, and very much needed to give a sense of direction and confidence to gays and lesbians across India- especially our younger folks.

The last few months were also notable for the major political changes in favour of gay rights globally. Two major European countries- UK and France legalized gay marriage, and the US Supreme Court overthrew the so-called "Defense of Marriage Act" that prevented same-sex married couples from accessing federal benefits. California's Proposition 8 was also booted, and it became the most populous American state to legalize same sex marriage. In India, even as we cheer and support LGBT people in these countries, we must also prepare for tougher battles here in our own country as well.

Udayan Dhar Editor in Chief

(You can mail Udayan at editor@pink-pages.co.in He also blogs at udayandhar.blogspot.com)



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# TAKING INDIA TO THE WORLD: MR. GAY INDIA 2013

Nolan Lewis is India's face at the Mr. Gay World contest this year.

his is only the second time that India is participating since 2008, when Zoltan Parag made headlines with his coming out. Pink Pages caught up with Nolan right ahead of the contest..

## Congratulations on being Mr. Gay India 2013.. How and Why did you participate?

Mr. Gay World 2013 wasn't something I had chalked out. I was in Johannesburg last year completing a photoshoot with documentary photographer Blake Woodhams and I happened to chance upon a billboard advertising Mr. Gay World 2012. Blake encouraged me to register for the pageant and sent them photographs on my behalf. After that, there was no looking back. I was chosen as Mr. Gay India 2013 over a few other applicants from this country.

## You're India's second representative at the event after Zoltan Parag.. Have you had a chance to speak to him?

Parag and I modeled together in a music video called "Pyaar ka Mausam" with the girl-band 'Viva' way back in 2004. He has a great sense of humour and is incredibly good-looking as a model. No, I lost touch with him since his relocation to New York.

### What are your plans for the event?

MGW13 is a lot of hardwork in the sense that it is not just a run-of-the-mill beauty pageant. We will be part of a human rights conference, and will be going up against the police force of Brussels in a sports challenge. Each one of us also has to prepare an impromptu art exhibit at the venue. So as you can see, it's a lot more than just glitz and glamour.

## Tell us something about your life and career..

I'm just your simple, average boy next door. I run a business where I write columns for publications as a tarot columnist. I have clients dropping into my studio for private tarot consultations and crystal-healing sessions. I love counseling and listening to people. Every client who comes to me for a tarot reading, has a unique story to tell.

MGW13 in many ways, decides what will my life will become. I really want to be an LGBT activist and join in the struggle against decriminalizing Section 377. What better way to do that than by contesting in a pageant such as this. The plight of the 'hijra' is something that really affects me. It's sad that transgendered and intersexed people have to live as social outcasts only because they are 'in-between' genders...

#### How's it like being in the limelight since your participation became public?

I have 992 friend requests from gay men who I personally don't know on Facebook. I've got family and friends controlled in the same class-mates who teased me in school for being

slightly effeminate, are today wishing me luck for the pageant..

### Do you think things have improved for gay Indians?

Of course! India is the world's largest democracy and very protective about human-rights, as much as it may seem otherwise. Section 377 is an outdated Victorian law that afflicts several post-colonial countries, not just India. The very fact that our high-courts have addressed the 377 issue shows how progressive our country is. There are several constitutions across the worlds that haven't acknowledged the need for change. Russia just criminalized homosexuality recently, and has moved back into the dark ages.

I have several queer-friends who are living in with their partners. You have stag and lesbian nights at many clubs. I see folks who are very carefree in their fashion trends and behavior that are distinctly 'queer.' We are headed towards LGBT equality. There is no doubt about that.

But also being a city-bred boy, I am aware that the reality is very different in small-towns. Whereas, it may be easy being gay in a metropolitan city, I have queer friends in other parts of India who live a very closeted life, plagued by guilt and shame.

## What do you like doing in your spare time?

Tarot, Crystal-Healing, Meditation, Martial Arts, Yoga, Swimming, Travelling, Clubbing, Gardening. Whew! The list is endless. But most of all, I really enjoy unwinding with my Persian cat, Mao, who looks like a little tiger cub.

### What are your future plans Nolan?

I'm a tarot-card reader by profession. I want to combine spirituality and psychology as a medium to counsel LGBT individuals. It's just that my schedule is so pressing with the preparations to MGW13 that I barely have any time to spare, but it is something I am going to work on once I return from Brussels.

"I run business where I write columns for publications as a tarot columnist."



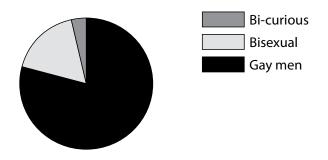


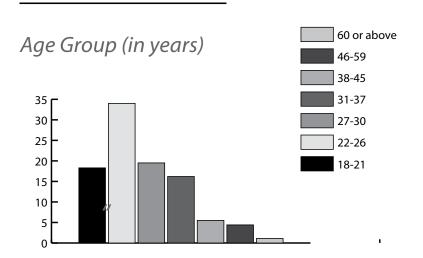
## THE GAY MEN'S LOVE & SEX SURVEY -2013

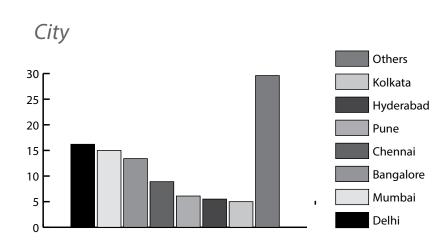
Last month, we floated an interesting survey form on our website and encouraged our male readers to participate. 510 Indian gay and bisexual men responded from various cities across India. What resulted was an engaging peek into the love and sex lives of Indian gay and bisexual men. This is the first of its kind survey done in India- and although it lacks the rigour of a scientific survey, we believe it does give us information to ponder about.

**COMPILED BY UDAYAN** 

#### **Sexual Orientation**









THE SURVEY SAMPLE

# Relationships

Nearly half of Indian gay men seem to be single and very much looking out for a suitable partner. Only 17 percent are single and yet are not looking for a relationship. This is important because it debunks the common myth that gay men would rather live their lives having multiple partners than have a sustained relationship with one person only. Nearly one in five are monogamous and committed, showing an increasing trend towards same-sex relationships in our cities.

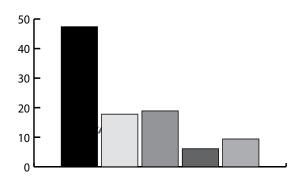
Interestingly, when we asked our respondents, at what age they got into their first relationship, nearly a third said they did so before they were even 18! Is this an indication that the legal age for homosexual relationships in India should be lowered to 16? Also, what does it mean for young adults who are increasingly comfortable

about what they want, but lack the necessary social support?

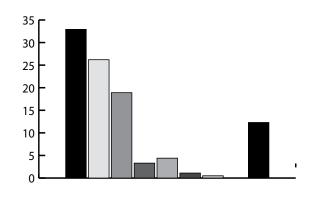
More interesting information came up when we asked people what factors they consider most important while choosing a partner. Not surprisingly, emotional, intellectual and physical attraction were the top three considerations. Sexual compatibility follows soon after. When it came to problems in relationships, commitment issues were the biggest culprit (should we consider it surprising?) Some even considered alcohol or tobacco addiction as a deal breaker. Many people even considered the lack of legal recognitions to gay couples as a major issue. Also, those in long distance relationships found the physical distance as a challenge (more than 90% of them).



#### Relationship Status

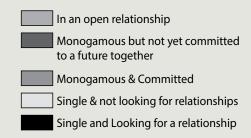


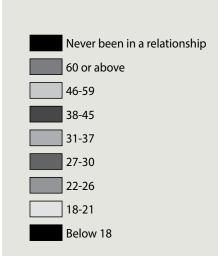
### Age during first relationship



Most important factors while considering a person for a relationship (in order of average ranking)

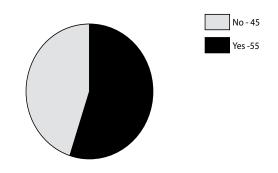
- 1. Emotional Understanding
- 2. Intellectual Connect
- 3. Physical appearance
- 4. Sexual Compatibility
- 5. Educational Background
- 6. Common Interests/Hobbies/etc
- 7. Age
- 8. Financial/Professional
- 9.Family/Social Background
- 10. Community/Caste/Religion/etc



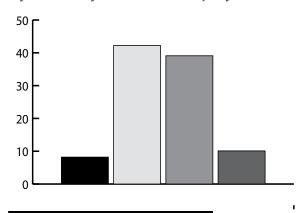




## Have you ever been in a long distance relationship?

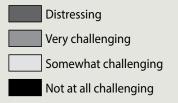


If yes, did you find the physical distance..



Biggest challanges in relationships (in order of average rankings)

- 1. Commitment Issues/Disagreement on nature of relationship
- 2. Emotional distance
- 3. Lack of Social/Family support
- 4. General lack of trust/honesty in the relationship
- 5. Personality mis-match
- 6. Lack of Legal recognition
- 7. Intellectual disconnect
- 8. Infidelities/Affairs
- 9. Sexual incompatibility
- 10. Financial issues





Gay men are perhaps rightly considered to have a rather adventurous sex life. Our survey certainly indicates that. More than half the respondents have been sexually active even before they turned 18. School friends, neighbours and cousins were the most common means of exploring their sexuality. 18-21 is the age when most men start experimenting first with anal

However, the survey busts a big myth about gay men-slightly over a quarter of our respondents have never had anal sex. Sex. Certainly, gay and bisexual men have other equally popular sexual acts to resort to, and not just what is popularly called

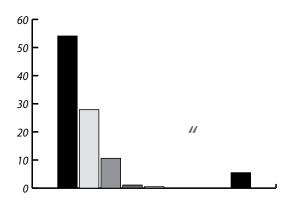
the real thing. We also asked about most common positions for anal sex- nearly 40% are versatile, that is, they like to play both an active and passive role.

It's also obvious from the survey that most gay men have had numerous sexual partners. While most have had around 11-20 (17%), we even have 4% putting the numbers at above 250! What is even more amazing is that gay men do not fear experimenting, or taking risks when it come to sex. Be it sex with a complete stranger, or sex on public transport, or even sado-masochism, our men have done it all!

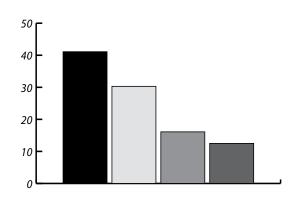
Sex



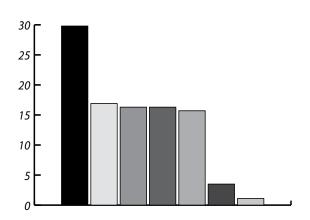
Since what age you have been sexually active?

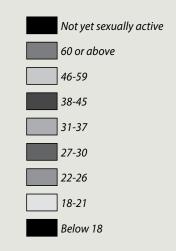


In the above question, what defines the criteria for being sexually active?

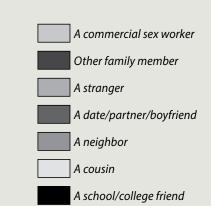


Who did you have your first sexual encounter with?









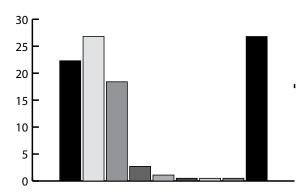


- 1. Watching porn while having sex
- 2. Underwear
- 3. Sex with a complete stranger
- 4. Anal sex without a condom
- 5. Sex in hostels/dormitories
- 6. Sex in a car
- 7. Sex in public restrooms
- 8. Sex in a train
- 9. Sex in a bus
- 10. Video recording yourself/others having sex
- 11. BDSM/Sadism and Masochism
- 12. Bear
- 13. Sex with a commercial worker
- 14. Leather
- 15. Sex in an aircraft

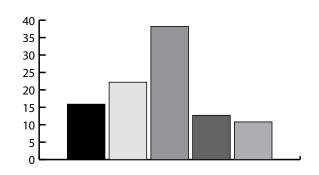
Most common fetishes (in order of popularity)



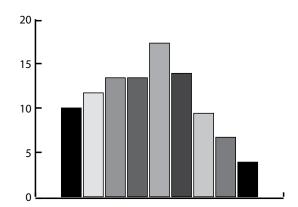
## By what age did you have your first anal sex?



How would you describe your role during anal sex?

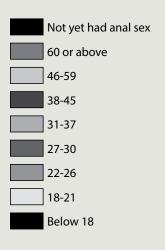


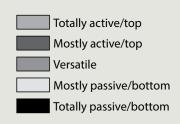
How many sexual partners have you had till now?

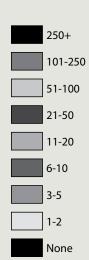


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## SUMMER N° 2013

BEACH WEAR | SWIM WEAR | SWIM SUPPLIES

Lucky Winners of Beach Wear From among our survey participants are

Bishan Sammaddar, Kolkata Ajay Singh, Mumbai

THE BEACH COMPANY

WWW.THEBEACHCOMPANY.IN



## GOAN SANDS, GLOBAL GAYS, AND PINK INDIA

he message was confusing. In May 2013, several news sources across India, and online, had headlines that seemed to burst with pink pride: "This July, Goa will be a Gay Haven," they said, while serving as an advertisement for IndjapInk, reputedly the country's "first and only gay boutique travel agency." Indjaplnk was organizing a "Life is a Beach" package for travellers wanting a "most sensational, super sexy gay group tour of the year to Goa." So, what was so perplexing about all that then, one might ask. Well, to accompany this ebullience and gay abandon, Indjaplnk provides images of the wistful scenarios that patrons might aspire to once at the "gay haven." The company's Facebook page depicts scenes where swimwearclad men lounge on sandy shores, get massages, look upon companions lovingly, and even laugh it up in groups of four that hint at the promise of, shall we

say, more to come. One of the problems is there is no guaranteeing that any of these idyllic settings are actually in Goa (last I checked, most beaches have sand...). And all of the men in the pictures are white.

What exactly is IndjapInk offering? Is it:

- a) Goa as a destination for white men?
- b) Goa as a destination where Indian men can access white men? or
- c) Goa as a destination where the people themselves are, perhaps, white?

While beaches litter the coasts of India, what sets Goa apart as a favoured holiday destination in the Indian imagination is the liberality associated with it. Undeniably, the Indian film industry – Bollywood – has influentially played its part in crystallizing this perception, often by negatively representing Goa and Goans, through such movies as Dum Maro Dum (2011) and Go Goa Gone

#### BY R. BENEDITO FERRÃO

The Indian gay tourist to Goa is being told that he has "arrived" because he can avail of the same pleasures in Goa as gay men of international origins.



(2013), which portray the coastal location as a hedonistic playground for the pleasure of those that seek it. However, it must also be contended that assumptions of Goa's permissiveness are tied in with its divergent colonial history from the rest of the country, which adds to its exotic allure for Indians. Goa was a Portuguese dominion between 1510 and 1961, thus pre- and post-dating the colonial association of most of the rest of modern India with Britain. Because of the nearly 500 year presence of the Portuguese in the region, a notion that persists is that Christianity and interraciality generally characterize Goan identity, giving its people a more Western and, so, more tolerant bent toward sexuality for one thing. Ironically, not only have Christians been a Goan minority since before Goa was decolonized, but white-Asian miscegeny had been a rarity that only saw its heyday as far back as the early sixteenth century. So much, then, for choice c, above, even if it is what Indjaplnk might subliminally be selling with the Goan tag on its package.

Because Goa is an international tourist destination, white bodies do dot its beaches, making options a and b viable. Nonetheless, there is an interesting tension between the two possibilities. Does a company that chooses to name itself with a moniker that conjures the orientalist fantasies of a repressed colonial sahib (say "Indja" and try not to think of a stiff upper-lipped fel-

low with dreams of the Kama Sutra running through his head...) have any choice other than to offer an India of days gone by to white gay tourists? At the same time, what option b presents the Indian gay traveller to Goa with is, conversely, a modern experience. Because the Indian tourist may potentially share the same space as white gay men, his identity is placed on par with others on the gay global scene, which makes him just as modern and emancipated as them. The Indian gay tourist to Goa is being told that he has "arrived" because he can avail of the same pleasures in Goa as gay men of international origins.

Goa's liminality plays a peculiar role in affording Indian gay men the opportunity to establish their identities as tourists and as members of a global fraternity. And afford is the key word here. The 25 May, 2013 Times of India headline puts it best when it notes of businesses like IndjapInk, that theirs is the task of "Luring the Pink Lucre to Incredible India." Partaking of a gay lifestyle and demonstrating one's liberation as a gay tourist is clearly only the domain of those able to drum up the right amount of pink rupees. This, therefore, is not about gay rights for all and sundry but, instead, a demarcation of the privilege of a few – a few men, at that. It is evident that the company is not aimed at drawing in women travellers. For the Indian gay male tourist, then, Goa becomes a proving ground of his



liberation because he might encounter gay men from other parts of the world, but it also fixes Goa as India, but not quite. In his essay titled "Tourism and Nation-Building: (Re)Locating Goa in Postcolonial India" (2007), anthropologist Raghuraman Trichur argues that Goa's unique position as "India with a 'difference", not only presents the region as a commodity for tourist consumption, but does so to integrate Goa with India. What Trichur alludes to is the manner in which Goa was subsumed by the Indian nationstate in 1961 though "Goa never figured in [the] imagination of independent India," because "[t]he shape and form of postcolonial India is largely defined by its history of British colonialism." Therein, Goa's decolonization occurred not as an act of the self-determination of its own people, but at the hands of a nation that took it over.

What the current wave of Indian gay

tourism does is to reinforce the identity of a narrowly defined segment of the population, those of a certain economic ilk, by hailing them as elite and moneyed members of the nation. This homonationalism simultaneously sees the gay male subject as a participant in the ordering of India along ethnocentric and class lines, to the exclusion of the marginal, while he is concurrently given the chance to see himself as a player on a global stage that is similarly narrowly defined. So while the IndjapInk slogan might proclaim that "Life is a Beach," the subtext reads: "Gay rights, one sandy shore at a time, but only if you can pay your way there ... "

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R. Benedito Ferrão's research and writing on art, literature, and culture have appeared in publications internationally. Read more at thenightchild.blogspot.com or on Facebook at The Nightchild Nexus.

"Gay rights, one sandy shore at a time, but only if you can pay your way there..."



## **ADAM'S KISS**

By Puneet Agrawal

T

hat Adam's kiss, Spell bound, Broke the hard rock In my heart.

Overflowed with the Shear fountain of love Breaking the chest of Vast blue manly Ocean.

Overjoyed with, what happened I stir within,
Boundless dreams
Ready to take shape.

Oblivious to harsh reality, The perfect kiss Bore a brutal pain I felt, my Adam's kiss. ables of the second class, second compartment and second door are known.
But I like my men in first.
A little classy,

Or at least pretending to be.
Cheap deodorant whisking off their shirts,
In combinations they call formal wear.
Brands, from the cheap export surpluses,
Sporting a nice watch sometimes.
All carrying the touch phones though.
These men, they travel south everyday,
Oblivious to the grit and struggle.
These men, low on ambition,
Saturated in mottos and money.
Content probably in lovemaking as well.
Here I find some gems,
Polished and unpolished.

Some who can afford my fancy and my wild. Men of taste, strugglers and strikers, who touch first and quick

who touch first and quick.

Men who aren't afraid and show sleepy, Men who don't pretend to be unaware Of their hands brushing against me,

Or accidental crotches.

I like these men, who in their pretentious deodorants, bearable armpits,

Make a move on me.

I like them who don't give up,

Even if I sport a disinterested sullen expression whilst cheaply smirking from behind my book.. concealed.

I like to be won over

Too much to ask?



## **MY KIND**

By Mayank Bisht





## THE BUZZ

NEWS, VIEWS & RE-VIEWS FROM ACROSS THE GLOBE

#### **POLITICS**

### FRANCE, UK, CALIFORNIA say "I do"!

In a string of victories across the globe for same-sex marriage, France (On 18 May, despite widespread street protests), California (26 June, After the Supreme Court of USA struck down Prop 8) and England and Wales (17 July, after the Queen gave her nod to a Parliament Bill) legalized gay marriages. Additionally, in a 5-4 decision written by Justice Anthony Kennedy, America's highest court ruled that DOMA denies equal protection to a group of people protected by the Fifth Amendment for no other reason than the group's political unpopularity.

#### **COMMUNITY**

### KASHISH 2013 CONCLUDES IN MUMBAI

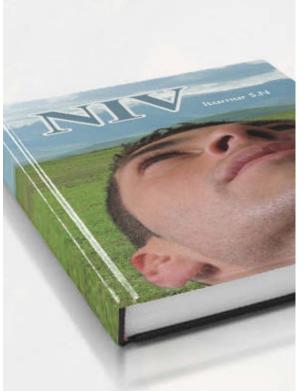
Pakistani film Hide and Seek wins Best Documentary feature award at the fourth edition of India's biggest and only mainstream LGBT film festival. Morgan directed by Michael Akers from the USA won the Best Narrative Feature Film at the 4th KASHISH Mumbai International Queer Film Festival. KASHISH since its inception in 2010, has provided a platform for screening LGBT films from India and around the world in a mainstream space. It is today South Asia's biggest and most mainstream LGBT film festival

and one of the first such film festival to receive approval from the Union Ministry of Information and Broadcasting. The festival was held at two venues between May 22-26, 2013, at Cinemax Versova, a mainstream multiplex at Andheri West and Alliance Francaise at Marine Lines

WEDDING

### LESBIAN WEDDING PHOTOS GO VIRAL

Photographer Steph Grant recently had the honor of capturing a spectacular lesbian Indian wedding, a first for the seasoned photographer. "I have photo-







graphed Indian weddings before and I have photographed gay and lesbian weddings before, but never have I ever shot an Indian lesbian wedding," she wrote in a post on her website on July 9... "I was greeted by a house full of friends, family and a lot of laughter," she writes. "It was going to be an exciting day. Beautiful Indian culture, stunning brides and style for miles!"

The stunning photos went viral online as people shared and reshared them on social media.

BOOKS

#### Niv by Itamar S.N.

A first novel by Israeli writer Itamar S.N., the book is an engaging tale about four young lovers- Niv, Erez, Katya and Anush. Spanning over a time period of several decades, and across continents, the story takes the reader through the bustle of modern day Tel Aviv, and the wilderness of South Caucasus during the first World War. Towards the end the two narratives merge in a poetic and magical union. Another book to look out for is Hungry Ghosts about immigrant gay life in Canada, which is almost a sequel to his



# List of LGBT friendly psychiatrists, counselors, STD/HIV specialists in India

Mission for Indian Gay & Lesbian Empowerment (Mingle) Email: contact@mingle.org.in; Website: www.Mingle.org.in

#### Note:

A psychiatrist is qualified to prescribe medicines in addition to counseling. A clinical psychologist / counselor / psychoanalyst is not a qualified medical practitioner and is not allowed to prescribe medicines.

The names are preceded by an (M) Male or (F) Female to indicate the gender of the doctor / counselor. LGBT folks of any gender (M/F/T) can seek their appointment.

#### Disclaimer:

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#### MUMBAI & THANE

#### **PSYCHIATRISTS**

(M) Dr. Ketan Parmar

Mobile: 9820900115

(M)Dr. Bharat Shah

Chembur clinic: 022-25229200

Lilavati Hospital OPD: 91-22-26751000,

26568000

(M) Dr. Gurvinder Kalra

Sion Hospital, Department of psychiatry

9 am to 12 noon

Humsafar Trust - Tues & Fri by appointment

26673800, 26650547

(M) Dr. Rajesh Parikh

Jaslok Hospital by appointment only

4933333, 4963333, (ext: 3200/3830)

(M) Dr. Rajiv N. Jerajani (Versova)

Mobile: 9870066282

(M) Dr. Rajendra Barve (Dadar)

022-24382525

(F) Dr. Anjali Chhabria

www.anjalichhabria.com

(M) Dr. S.L. Khanna

Mobile: 9820067355

(M)Dr. Harish Shetty

Hiranandani Hospital, Powai

OPD: 022- 25763300 - 33

#### COUNSELLORS

(F) Dr. Eshita Mandal

Mobile: 9833122303

www.in.linkedin.com/pub/dreshitamandal/1a/726/855

(M) Kuldeep Datey

www.facebook.com/note.php?

note\_id=428763484199



#### List of LGBT friendly psychiatrists, counselors, STD/HIV specialists in **India**

#### Mission for Indian Gay & Lesbian Empowerment (Mingle)

Email: contact@mingle.org.in; Website: www.Mingle.org.in

#### MUMBAI & THANE (Continued..)

#### Note:

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(F) Sandhya Panaskar (For LBT women only)

Mobile: +91-9167535765

SNE HA, Savitribai Phule Gender Resource Centre c/o Savitribai Phule Stree Sansadhan Kendra,

Rajgruh Society, 1st Floor,

Balashet Madurkar marg, Behind Holy Cross Church, Elphinstone West, Mumbai -400 013

Professional qualifications: Masters in Social Work Number of years spent as a counselor: Five years

Working hours and days at SNEHA: Monday to Friday and fourth Saturday- 10 to 6 pm . (preferable to take appointment before coming)

#### (M) Deepak Kashyap

Mobile: 9769331585

E-mail: deepak.j.kashyap@gmail.com

Skype i.d.: deepak.kashyap2

#### HIV, STD and Skin Specialists

(M)Dr. Maninder Setia

HIV and AIDS specialist

Mobile: +91-8976062646

Clinic - 66 Hi Life, Ground Floor, Near Santa

Cruz Stn. (W), Landmark: Shabari

#### (F) Dr. Hemangi Jerajani

HIV, skin, VD specialist and counselor

Mobile: 98200 31483

Sujoy Hospital OPD: 022-2632 7252

Directions to reach Sujoy Hospital: Come out of

Juhu Gali, pass Talwalkar Gym, Next to

Criticare Hospital

Landmarks: Bhakti Vedanta Road, Tian restaurant, Mithibai College

(M) Dr. M.S. Menon - HIV specialist

Life Care Center - Andheri (E)

#### (M) Dr. Torsekar

Skin, STD, HIV, Sexologist

(Mulund/Dombivali)

+91-9404174078, +91-22-2163 9899,

+91-22-2163 0899

#### THANE

(M) Dr. Shirish Kulkarni - Skin, STD, HIV,

Sexologist- Madhav Tower, 1st floor, LBS Marg, Near Hari Niwas Circle, Naupada, Thane (W) Mobile: +91-9820598046



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#### **BENGALURU**

#### **PSYCHIATRISTS**

#### (M)Dr. Bhupendra

Manipal Hospital OPD: +91-80-25024444/3344

#### (M)Dr. Shekhar Seshadri

NIMHANS Hospital
email: shekhar@nimhans.kar.nic.in

#### (M) Dr. Biju Viswanath

Department of Psychiatry (NIMHANS)

email: bijuv1@gmail.com

Senior Resident - Psychiatry

#### (M) Mohan Raju

M.Phil Mental Health & Social Psychology Consultant Clinical Psychologist

CADABAM's Mind Talk

Phone: 080-26581455, 080-26590940

#### COUNSELLORS

#### (M)Mahesh Natarajan

Counsellor at Innersight +91-80-41649080

#### (F)Ajanta De

Counsellor at Innersight +91-80-41649080

#### Parivarthan

Counselling Facility: +91-80-25298686

#### **HIV, STD and Skin Specialists**

#### **APTA Health Pod**

Services: Testing (HIV & other STIs)

Treatment (STIs & Colo-Rectal Diseases and other life style diseases e.g. hypertension & diabetes.

Doctor: Dr. Sanjay Sharma
Email: consult@healthpod.in

Phone: 080-41214111 / +919901521111

www.healthpod.in



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#### PUNE

#### **PSYCHIATRISTS**

(M)**Dr. Raman Khosla** (Trained at NIM-HANS)

Mobile: +91-9326848501 (SMS before calling)

email: ramankhosla@gmail.com

#### (M) Dr. Bhooshan Shukla & (M) Dr. Kaustubh Joag

MD, DNB, MRCPsych ( London), Diploma in Medical Hypnosis (  $\mathsf{UK}$ )

Specialty - Child and family Psychiatrist and Psychotherapist.

Phone: 020 32319922 ( Mon-Fri. 10am-2pm and 4-8pm)

Location of clinic - Trimiti Clinic . B 222. Swapna-Nagari, Near Union Bank of India, Karve Road, Pune 411004.

Website- www.trimiticlinic.com

#### (M) Dr. Arvind Panchanadikar

MD Psychiatry

Mobile: 9822 558594.

Consultation only by appointment

Clinic address: 9/102 Soba Mansion Near Mhatre bridge Mahadev mandir chauk Off

Nal stop on

Karve road Pune

020-25423100 (10 am - 7 pm Mon - Fri. Sat 10 am to 1 pm)

Email: arvind.panchanadikar@gmail.com

#### COUNSELLORS

#### (F) Shubhanjali Mukherjee

(Counselor with an experience of 3 years)

Phone: +91-8447944534

#### (F) Sunita Wahi

Mobile:9850221021

Email: sunitawahi@hotmail.com



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#### **DELHI & GURGAON**

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#### **PSYCHIATRISTS**

#### (F) Dr. Shalini John

Clinical Psychologist

Mobile: +91-9717312951

Qualifications - M.Phil in Mental Health and Social Psychology from National Institute of Mental Health and Social Sciences

(NIMHANS), Bengaluru

#### (F) Dr. Ayesha Kapur

Psychotherapist and Counselor, New Delhi

Mobile: 9810033235

Website:

www.ayeshakapurpsychotherapist.in

#### HIV, STD and Skin Specialists

#### (F) Dr. Kaushiki Dwivedee

Phone: 9818767581

Address: Max Hospital ,Gurgaon

Timings: By appointment. Either at mobile

number or Max Hospital Gurgaon

landline .

Medical Specialization: Obstetrics and

Gynecology

#### (M) Dr. Shalabh Mohan

Phone: 9811150753

Address: Max hospital Sushant Lok 1, Gurgaon

Clinic: C 209 Nirwana Courtyard Nirwana

Country Gurgaon

Timing: By appointment

Specialty: Laparoscopic and Bariatric surgeon

#### KOLKATA

#### COUNSELLOR

#### (F) Dr. Joly Laha

Counsellor at Samikshani

Mobile: +91-33-24663504



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